## **Confirmation Small Group Time**

(New Testament - Class 11: The Sacraments)

Passages: Matthew 28:16-20; 1 Corinthians 11:26; 1 Corinthians 10:16

Theme Verse: Matthew 28:19

Jesus said, "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit."

Highs and Lows...

Choose one of the Following Quotes that speaks to you and share why you chose it.

When we receive Holy Communion, we experience something extraordinary - a joy, a fragrance, a well-being that thrills the whole body and causes it to exalt. (John Vianney)

We do not go to Holy Communion because we are good; we go to become good. (John Bosco)

As two pieces of wax fused together make one so he who receives Holy Communion is so united with Christ that Christ is in him and he is in Christ. (Cyril of Alexandria)

For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus. (Galatians 3:27-28)

**Choose questions** from the following to feed the discussion on the topic:

What are the 2 sacraments of the Lutheran Church? And what makes something a sacrament?

Why do you think Jesus commanded us to be baptized and receive Holy Communion?

Martin Luther said, "Remember your baptism daily." That's impossible for most people, so what else could that mean?



What are some of the ways you can prepare for Holy Communion?

Have you ever experienced something "special" at Holy Communion or is it simply something that you do?

Try and Learn/Memorize the Theme Verse.